

HOPE

The Importance and Danger of HOPE.

We are more likely to fight when we have a chance to win.

"Hope is associated with orientations such as optimism and faith. Vision is a natural companion to hope."

(2006). *Competing Values Leadership: Creating Value in Organizations*. Cameron, by K.S., Quinn, R.E., J. DeGraff, and A.V. Thakor

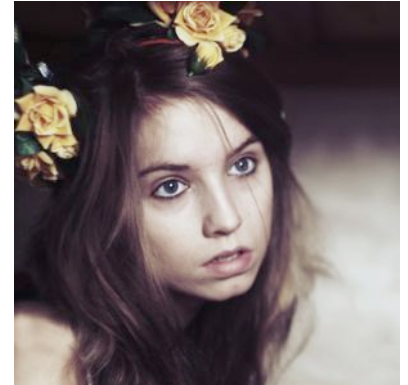
Goal setting will not only give you HOPE but will also give you a step-by-step plan.



Hope is energising... but it has little focused energy.

When it's pitch dark, just a ray of light keeps us moving forward.

An anticipated vision is HOPE; and HOPE energises us!



HOPE is crucial to kick starting your year; but HOPE alone is dangerous! Why? Because HOPE (energy) is not a STRATEGIC PLAN (focus).

At the below link, pull-off a goal setting template, and **set at least on goal** for the year. Doing so will give you an energised vision for the year, but with a do-able step-by-step plan too.

<http://www.markitects.co.za/files/free-guides/motivational-success/Goal%20Sheet%20Blank%20Ian%20Rheeder.pdf>

Remember, there are just two things that help us achieve our goals:

1. **Energy** (Hope, Vision, Passion. *Feelings.*), and
2. **Focus** (A clear plan. *Thoughts.*)

Good luck!